

ONLINE COURSES

To be run on TEAMS or ZOOM

IOSH Managing Safely - 3 days	22-24 Feb 9-11 June	27-29 Sept 24-26 Nov	£435
Site Supervisors Safety Training Scheme (SSSTS) - 2 days	14 & 15 Jan 27 & 28 May	2 & 3 Sept 9 & 10 December	£395
Site Supervisors Safety Training Scheme Refresher (SSSTS-R) - 1 day	19 Feb 14 May	6 August 5 November	£195
Site Managers Safety Training Scheme (SMSTS) - 5 days	3,4,5,11,12 Feb 6,7,8,13,14 Sept	6,7,8,13,14 Dec	£595
Site Managers Safety Training Scheme Refresher (SMSTS-R) - 2 days	29 & 30 July	1 & 2 Nov	£410

CLASSROOM BASED

Courses run in Huyton, Liverpool

National General Certificate in Occupational Health & Safety (GNC1 & GNC2) - 10 days & exam	12-16 April & 26-30 April 5 May (OBE Exam)	4-8 & 18-22 Oct 3 October (OBE Exam)	£1,495
NEBOSH Health & Safety Management for Construction—UK (CN1) - 10 days & exam	1-5 March & 15-19 March 6/7 April (OBE Exam)	5-9 July & 20-24 Sept 5/6 October (OBE Exam)	£1,495
NEBOSH Certificate in Fire Safety (FSC1 & FSC2) - 4 days & exam	26-29 April 5 May (OBE exam)	11-14 Oct 3 November (OBE exam)	£795

Other courses we can deliver

Dates available throughout the year

Asbestos Awareness / Manual Handling / Working at Height (1 day) - £65 per event / £130 for all 3	Health & Safety Awareness (HSA) 1 day - £225	Safety for Executives & Directors V2.0 1 day - £325
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Prices are exclusive of VAT and include all CITB / IOSH / NEBOSH tuition, registration and exam fees. Exam resit fees (not included)

First Aid Courses

Dates available throughout the year

Emergency First aid at Work
(1 day) - £130 per person

First aid at Work
(3 days) - £390 per person

Personal Development Workshops

We can also offer a range of Personal Development workshops that can be designed & delivered to meet your people's needs. Examples include:

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| <ul style="list-style-type: none"> • Personal Effectiveness • Managing Performance • Leading & Managing Change • Effective Presentations | <ul style="list-style-type: none"> • Solving Problems & Making Decisions • Building & Maintaining Effective Teams • Motivating Your Team • Delegating Effectively | <ul style="list-style-type: none"> • Emotional Intelligence • Interview Skills (Interviewer) • Interview Skills (Interviewee) • Facilitation Skills |
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E-Learning Courses

We have a large offering of e-learning courses in areas including accredited courses, health & safety, business skills, health & social care, mental health and hospitality. Here is a selection of the titles available

Accredited Courses	Health & Safety	Business Skills
<ul style="list-style-type: none"> • Asbestos Awareness (IATP) • H&S in Construction • IOSH Managing Safely • IOSH Working Safely 	<ul style="list-style-type: none"> • Asbestos Awareness • Fire Marshal • Hand Arm Vibration • Manual Handling • Working at Height 	<ul style="list-style-type: none"> • Customer Service • Developing Teamwork • Introducing GDPR • LinkedIn for Business • Project Management
Health & Social Care	Mental Health	Hospitality
<ul style="list-style-type: none"> • Autism Awareness • Infection Control • Safeguarding Adults • Moving & Handling People • Sharps Awareness 	<ul style="list-style-type: none"> • Autism Awareness • Dementia Awareness • Mental Health Awareness • Mental Health First Aid • Stress Management 	<ul style="list-style-type: none"> • Alcohol Personal License Holder • Allergen Awareness • Anti-Money Laundering • Level 1 + 2 Food Safety • Licensed Premises Staff Training

Visit us at <https://rawlingsrcs.co.uk/home/e-learning/> for further details or contact us on **0151 480 8968**